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From the Office of the Director of Health

Last Two Public Flu Shot Clinics Held This Week

As the holidays rapidly approach, Springfield-Greene County Health Department officials say now is the time to be vaccinated against seasonal influenza.

"The vaccine takes about two weeks to develop antibodies that will help protect you against influenza," says immunization coordinator Leslie Davis, "So getting a shot this week will offer protection throughout the upcoming holiday celebrations, family gatherings, parades and other events where your risk of exposure will be greater.

The health department will hold its last two public flu shot clinics today and tomorrow. Children and adults considered to be at high risk can get a flu shot at no cost.

Today's clinic (Wednesday) will be held at the fairgrounds' E-Plex from 10:00 am to 2:00 pm. Please enter through Gate 4 off Norton Road.

Tomorrow's clinic (Thursday) will be at the Boys and Girls Club, Stalnaker Unit, located at 1410 N Fremont, from 10:00 am to 2:00 pm.

Those eligible to receive a flu vaccination at these public clinics include:

- Senior adults age 65 and older
- · Adults and children with chronic health conditions
- Children 6 59 months old
- Women who will be pregnant during the 2007-08 influenza season
- Individuals in close contact with the ill or with people in nursing homes and long-term care facilities

The health department has not received reports of any laboratory confirmed cases of flu yet this year.

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